

Auburn Dairy
PRODUCTS, INC.
— EST. 1923 —

In accordance with the USDA Food and Nutrition Service regulations, Child Nutrition Labeling for Non-meat Products, a 4 oz serving of Yami low-fat yogurt equals one equivalent meat alternate; each 8 oz of Yami low-fat yogurt equals two equivalent meats alternate. The following CFR citation is provided for reference:

7 CFR Part 226.20 Food and Nutrition Service, USDA

226.20 Requirements for Meals.

(C) Yogurt may be used to meet all or part of the meat/meat alternate requirement.

Yogurt served may be either plain or flavored, unsweetened or sweetened. Noncommercial and/or non-standardized yogurt products, such as frozen yogurt, homemade yogurt, yogurt flavor products, yogurt bars, yogurt covered fruit and/or nuts or similar products shall not be credited.

Four ounces (weight) or ½ cup (volume) of yogurt fulfills the equivalent of one meat/meat alternate requirement in the meal plan.

I certify that Yami low-fat yogurt meets the requirements of a standardized yogurt as defined by 21 CFR 131.206.

You may contact me if you have any questions regarding this information.

Karla Zimmers

Karla Zimmers
Quality Assurance Manager
Auburn Dairy Products, Inc.
(253) 833-3400