

Yami Yogurt

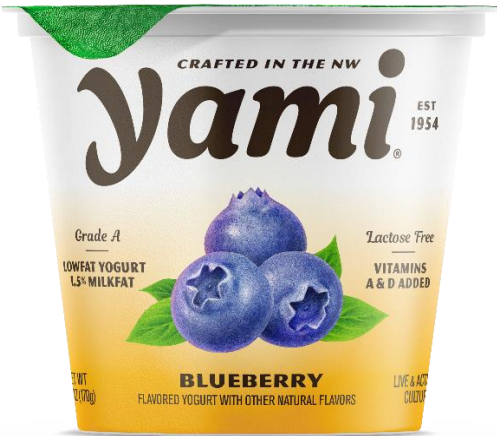
Lactose Free Lowfat Blueberry Yogurt - 6 oz
Item #4915

UPC 0 11384 16015 0
GTIN 1 0 0 11384 16015 7

Storage/Shipping Temperature: 36° F (33 - 42° F)

Pack Size	Case Length (in.)	CaseWidth (in.)	Case Height (in.)	Cube (ft³)	Case Weight (lb)	TI-HI	Cases/Pallet	Shelf Life (days)
12/6 oz	13.00	9.75	3.00	0.23	6.00	14x20	280	60

Nutrition Facts	
Serving size	1 container (170g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 105mg	5%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 21g	
Includes 12g Added Sugars	24%
Protein 8g	16%
Vitamin D 3mcg	15%
Calcium 279mg	20%
Iron 0mg	0%
Potassium 336mg	8%
Vitamin A 182mcg	20%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



INGREDIENTS: PASTEURIZED GRADE A LOWFAT MILK, SUGAR, GELATIN, BLUEBERRY JUICE CONCENTRATE, LACTASE, FRUIT AND VEGETABLE JUICE (FOR COLOR), CITRIC ACID, CULTURE, NATURAL FLAVORS, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.

ALLERGENS Contains Milk, specified on label

KOSHER CERTIFIED No

Cup Contents (oz)	Cup Weight (g)	Cup Material	Tamper Evident	Plant Code	Best By Format	Time Stamp (military)	Case Material	Cups/case
6	170	polypropylene	Foil Lid	53-33	DD/MM/YY	HHMM	Cardboard	12

Cup Dimensions 3.13"L x 3.13"D x 2.75"H

Yami Yogurt

Lactose Free Lowfat Blueberry Yogurt - 6 oz

Item #4915

100 g Nutritional Information

Nutrient		Value		Nutrient		Value	
Grams		100		Dietary Fiber (g)		0.0054	
Calories (kcal)		83.8234		Soluble Fiber (g)		0	
Total Fat (g)		1.4802		Insoluble Fiber (g)		0	
Saturated Fat (g)		0.8761		Sugars (g)		12.1505	
Trans Fat (g)		0.0055		Added Sugars (g)		7.1803	
Cholesterol (mg)		5.8713		Protein (g)		4.6258	
Sodium (mg)		61.6311		Water (g)		78.175	
Total Carbohydrate (g)		12.2549		Ash (g)		0.759	

Nutrient		Value		Nutrient		Value	
Vitamin D (µg)		1.4968		Calcium (mg)		164.1345	
Vitamin D (IU)		59.0645		Iron (mg)		0.25	
Vitamin A (RAE) (µg)		106.8779		Potassium (mg)		197.7493	

**Nutritional values are calculated using nutrition database software. Any given lot of product may vary slightly.*