

Yami[®]

lowfat yogurt



CRAFTED IN THE NORTHWEST

— SINCE 1954 —

Flavor That Meets the Mark

Any meal can be improved by adding a cup of Yami Yogurt. These delicious lactose-free yogurts meet USDA guidelines for sugar content while still delivering the creamy texture and flavor people love. Every creamy spoonful delivers calcium, Vitamins A & D, plus live & active cultures. Yami's lowfat flavors are made with fresh Grade A milk from the finest Northwest dairies, as are all our creamy-smooth yogurts. Ideal as an anytime snack too, these yogurts reward all ages with the sweetness of premium fruits and natural flavoring...no high fructose corn syrup, no artificial flavors!

USDA Compliant *Lowfat* Flavor Lineup



LACTOSE-FREE



MEETS USDA
K-12 GUIDELINES



GELATIN-FREE
CHOICES



GLUTEN-FREE



VITAMINS A & D3

- ✓ Now With Less Sugar!
- ✓ Meets USDA K-12 Guidelines

Yami Lowfat Yogurt	Serving Size	Calories	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Total Sugars	Added Sugars	Protein	Calcium (% DV)	Iron (% DV)	Vitamin D (% DV)	Potassium (% DV)	Vitamin A (% DV)
Raspberry	1 container (113g)	90	1g	.5g	0g	5mg	55mg	16g	0g	12g	8g	4g	10%	0%	8%	4%	10%
Strawberry	1 container (113g)	90	1g	.5g	0g	5mg	55mg	16g	0g	12g	8g	4g	10%	0%	8%	4%	10%
Strawberry-Banana	1 container (113g)	90	1g	.5g	0g	5mg	55mg	16g	0g	12g	8g	4g	10%	0%	8%	4%	10%
Vanilla (32 oz Quart)	2/3 c / (170g)	140	2.5g	1.5g	0g	10mg	105mg	20g	0g	20g	12g	8g	20%	0%	10%	8%	20%
Vanilla (32 lb)	2/3 c / (170g)	140	1.5g	1g	0g	5mg	85mg	23g	0g	18g	12g	6g	15%	0%	10%	6%	15%



RASPBERRY: Pasteurized Grade A Lowfat Milk, Cane Sugar, Raspberry Puree, Modified Corn Starch, Natural Flavor, Whey Protein Concentrate, Carrageenan, Lactase, Pectin, Fruit And Vegetable Juice (For Color), Culture, Vitamin A Palmitate, Vitamin D3.



VANILLA (32 oz): Pasteurized Grade A Lowfat Milk, Sugar, Natural Flavors, Gelatin, Lactase, Culture, Vitamin A Palmitate, Vitamin D3.



STRAWBERRY: Pasteurized Grade A Lowfat Milk, Cane Sugar, Strawberry Puree, Modified Corn Starch, Natural Flavor, Whey Protein Concentrate, Carrageenan, Lactase, Pectin, Red Cabbage Extract (For Color), Culture, Vitamin A Palmitate, Vitamin D3.



VANILLA (32 lb): Pasteurized Grade A Lowfat Milk, Cane Sugar, Modified Corn Starch, Tapioca Starch, Natural Flavor, Whey Protein Concentrate, Carrageenan, Lactase, Pectin, Culture, Vitamin A Palmitate, Vitamin D3.



STRAWBERRY-BANANA: Pasteurized Grade A Lowfat Milk, Cane Sugar, Modified Corn Starch, Strawberry Puree, Banana Puree, Natural Flavor, Whey Protein Concentrate, Carrageenan, Lactase, Pectin, Red Cabbage Extract (For Color), Culture, Vitamin A Palmitate, Vitamin D3.

All flavors contain milk.



**MADE WITH
LIVE & ACTIVE
CULTURES**



**GELATIN-FREE
OPTIONS**

Yami Lowfat	ADP Code	Pkgs	Item Code	UPC Code
Raspberry	4476	48/4 oz		0 11384 10421 5
Strawberry	4477	48/4 oz		0 11384 10420 8
Strawberry-Banana	4478	48/4 oz		0 11384 10422 2
Vanilla (32 lb)	4508	1/32 lb		0 11384 32006 6
Vanilla (32 oz)	4925	6/32 oz		0 11384 13215 7

