

Yami Yogurt

Lactose Free Lowfat Strawberry Yogurt - 6 oz
Item #4918

UPC 0 11384 16018 1
GTIN 1 0 0 11384 16018 8

Storage/Shipping Temperature: 36° F (33 - 42° F)

Pack Size	Case Length (in.)	CaseWidth (in.)	Case Height (in.)	Cube (ft³)	Case Weight (lb)	TI-HI	Cases/Pallet	Shelf Life (days)
12/6 oz	13.00	9.75	3.00	0.23	6.00	14x20	280	60

Nutrition Facts	
Serving size	1 container (170g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 105mg	5%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 21g	
Includes 12g Added Sugars	24%
Protein 8g	16%
Vitamin D 3mcg	15%
Calcium 279mg	20%
Iron 0mg	0%
Potassium 341mg	8%
Vitamin A 182mcg	20%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



INGREDIENTS: PASTEURIZED GRADE A LOWFAT MILK, SUGAR, GELATIN, NATURAL FLAVORS, LACTASE, FRUIT AND VEGETABLE JUICE (FOR COLOR), CULTURE, CITRIC ACID, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.

ALLERGENS Contains Milk, specified on label **KOSHER CERTIFIED** No

Cup Contents (oz)	Cup Weight (g)	Cup Material	Tamper Evident	Plant Code	Best By Format	Time Stamp (military)	Case Material	Cups/case
6	170	polypropylene	Foil Lid	53-33	DD/MM/YY	HHMM	Cardboard	12

Cup Dimensions 3.13"L x 3.13"D x 2.75"H

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100 g Nutritional Information

Nutrient	Value	Nutrient	Value
Grams	100	Dietary Fiber (g)	0.0128
Calories (kcal)	85.4355	Soluble Fiber (g)	0
Total Fat (g)	1.4853	Insoluble Fiber (g)	0
Saturated Fat (g)	0.8772	Sugars (g)	12.0621
Trans Fat (g)	0.0055	Added Sugars (g)	7.188
Cholesterol (mg)	5.8775	Protein (g)	4.6323
Sodium (mg)	61.6731	Water (g)	78.2578
Total Carbohydrate (g)	12.1533	Ash (g)	0.7598

Nutrient	Value	Nutrient	Value
Vitamin D (µg)	1.4984	Calcium (mg)	164.3767
Vitamin D (IU)	59.1271	Iron (mg)	0.2531
Vitamin A (RAE) (µg)	106.9912	Potassium (mg)	200.4282

**Nutritional values are calculated using nutrition database software. Any given lot of product may vary slightly.*