

Yami Yogurt

Lactose Free Lowfat Raspberry Yogurt - 6 oz
Item #4917

UPC 0 11384 16017 4
GTIN 1 0 0 11384 16017 1

Storage/Shipping Temperature: 36° F (33 - 42° F)

Pack Size	Case Length (in.)	CaseWidth (in.)	Case Height (in.)	Cube (ft³)	Case Weight (lb)	TI-HI	Cases/Pallet	Shelf Life (days)
12/6 oz	13.00	9.75	3.00	0.23	6.00	14x20	280	60

Nutrition Facts	
Serving size	1 container (170g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 105mg	5%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 20g	
Includes 12g Added Sugars	24%
Protein 8g	16%
Vitamin D 3mcg	15%
Calcium 279mg	20%
Iron 0mg	0%
Potassium 338mg	8%
Vitamin A 182mcg	20%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



INGREDIENTS: PASTEURIZED GRADE A LOWFAT MILK, SUGAR, GELATIN, LACTASE, RASPBERRY JUICE CONCENTRATE, FRUIT AND VEGETABLE JUICE (FOR COLOR), CULTURE, NATURAL FLAVORS, CITRIC ACID, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.

ALLERGENS Contains Milk, specified on label

KOSHER CERTIFIED No

Cup Contents (oz)	Cup Weight (g)	Cup Material	Tamper Evident	Plant Code	Best By Format	Time Stamp (military)	Case Material	Cups/case
6	170	polypropylene	Foil Lid	53-33	DD/MM/YY	HHMM	Cardboard	12

Cup Dimensions 3.13"L x 3.13"D x 2.75"H

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100 g Nutritional Information

Nutrient	Value	Nutrient	Value
Grams	100	Dietary Fiber (g)	0.0011
Calories (kcal)	82.8661	Soluble Fiber (g)	0
Total Fat (g)	1.4809	Insoluble Fiber (g)	0
Saturated Fat (g)	0.8763	Sugars (g)	12.0029
Trans Fat (g)	0.0055	Added Sugars (g)	7.1837
Cholesterol (mg)	5.8741	Protein (g)	4.6284
Sodium (mg)	62.3727	Water (g)	78.2119
Total Carbohydrate (g)	12.1456	Ash (g)	0.7593

Nutrient	Value	Nutrient	Value
Vitamin D (µg)	1.4983	Calcium (mg)	164.1259
Vitamin D (IU)	59.0924	Iron (mg)	0.2463
Vitamin A (RAE) (µg)	106.9284	Potassium (mg)	198.8432

**Nutritional values are calculated using nutrition database software. Any given lot of product may vary slightly.*